Introduction

Many professional regulatory boards such as Medical/Nursing Council of India have included publication as one of the criteria to be satisfied before the postgraduate examination. This has been done keeping in mind the fact that research cannot be complete until it is disseminated to a wider audience.[1] Yet postgraduates of various disciplines are so wary of writing a paper that the publication rate of thesis work remains below 30%.[2] Reluctance to write a paper has its roots not only in the intense brain work and concentration needed for it but also more due to rejections and returns faced by authors. Irrespective of cause it, however, does indicate that our young researchers do not have a grip over the art of paper writing.

If paper writing is art then like all other art forms, it would also demand additional knowledge, special skills/competencies.[4] Yet books do not deliberate on such skills/competencies, nor are they taught in most professional schools, and it is only the rare highly experienced and motivated teacher from whom these can be imbibed. However, with professional teaching/training becoming more and more impersonalized, the possibility of such learning is also diminishing very fast.

Abstract

Most PGs today do not even write a paper from their thesis and of the few who do, most follow the procedure blindly, unaware of its basic principles. The chances of successful outcomes in their paper writing venture culminating in its acceptance, is, therefore, not surprisingly, likely to be very low and the reason for it is simply because knowledge and skills necessary for it are neither taught in biomedical institutions nor are resources on it available easily, covering the issue in its entirety. A paper was, therefore, felt necessary to cover all aspects of paper writing, beginning with the crucial preparatory work, and culminating in the post-submission phase do’s, to help our PGs/young researchers achieve best outcomes in their paper writing venture. This paper provides the reader with an innovative 12-step paper writing strategy and primes them on Preparatory work, Journal selection and on writing the paper outline. It also discusses modern principles for composing methodology, results, and discussion, including paragraph construction and provides the reader with suggestions on the relative length of individual sections and sequence in which they need to be written. Finally, it also deliberates on principles to be followed for title, abstract, introduction, and keywords helps decide authorship and guides them to write the all crucial cover-note to editor. It is expected that knowledge contained in this paper, if applied, is likely to generate a quality manuscript which would be hard for the editor/peer-reviewer to reject.

Key words: Paper rejection reasons, paper writing strategy, preparatory work, role of editor/peer-reviewer


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